



**We are a
Reconciling in Christ,
Rejoicing Spirits, and
handicap friendly
congregation.**

3461 Cedar Crest Blvd.
Emmaus, PA 18049
610-967-2220

info@holyspirit-
emmaus.org
www.lchsemmaus.org

UPCOMING EVENTS

October 13

Special Congregation Mtg.
after each service

October 13

Rejoicing Spirits

October 19

Fall Fest/Trunk or Treat

October 20

New Member Information
Session

October 27

Confirmation

HOLY HAPPENINGS

Sunday, October 13, 2024

***8:30 am Spirit Worship**

9:30 am Family Service

Coffee, Tea, Connect

CAT Class, High School Connect

10:00 am Sunday School

Gospel Reading/Sermon Replay

***10:30 am Spirit Worship**

**Nursery Care is available at all
morning services in Room 113.**

***Our 8:30 and 10:30 am
worship services are on Zoom**

If you are worshipping with us on Zoom,
please remember to have bread, grape
juice, or wine available and ready for
digital communion.

[Zoom Link](#): Meeting ID: 511 504 8051

Audio only: 929-205-6099

Bulletins are available on the [website](#)
prior to the Sunday service for those who
wish to follow along.

If you are interested in watching the
Pastor's sermon and listening to the
Gospel, please visit our [website](#) and
click on the "Watch a video recorded
Sunday service" button.

WORSHIP ATTENDANCE

<u>October 6, 2024</u>	In-person	Zoom
8:30 am	124	11
9:30 am	78	N/A
10:30 am	77	16

October 13 WORSHIP HELPERS	8:30 AM	9:30 AM	10:30 AM
Assisting Ministers	Deb Stevens		Elizabeth Moessner
Communion Assistants	Linda Devine Lorie Stout Sherman	Jennifer Wetzel Jimmy Lee Werley Volunteer Needed	Robert Neitz Deb Smith
Readers	Rebecca Cachiguango	Roman H.	Ricki Stringfellow
Children's Message		John and Theo	
Greeters	Carol Walrod	John McClain	Marian Harrison
Ushers	Don Walrod	John McClain	Brenda Truhe
Production/ Technology	Carol Osenbach Glenn Hinderliter John Osenbach	Craig Kauffman Glenn Hinderliter	Craig Kauffman Volunteer Needed Volunteer Needed



COFFEE, TEA, CONNECT

Sunday, October 13 from 9:30 – 10:15am

**The Attack on Knowledge and Respectful Engagement
John Mosovsky & Rick Doty**

During this session we hope to have fruitful dialogue on what our roles and actions might look like in response to the spread of lies, rumors, and ignorance. God intends for us to use knowledge to care for the common good but discerning truth is becoming very difficult. Our civic engagement depends upon a clear distinction between fact and misinformation. Come join the discussion to learn from each other and from the ELCA's draft Social Statement on Civic Life and Faith.

REMINDER SPECIAL CONGREGATION MEETING

Sunday, October 13th

Immediately following each of the services on Sunday morning October 13th we will hold a **Special Congregation Meeting** (in person and via ZOOM) for the sole purpose of voting to call Pastor Cindy Camp to serve as our Associate Pastor (2/3 time). A representative from the Northeast PA Synod will be present to oversee the special meeting. Pastor Cindy will preach and preside at all services. A 2/3 majority of eligible voting members present at the Special Congregation Meeting (in person and on ZOOM) is required in order to extend the call to Pastor Cindy.

~ Mike Berkheimer, President, Congregation Council

Lutheran Church of the Holy Spirit

Rejoicing  Spirits

The Rejoicing Spirits service
on Sunday, October 13

celebrates the arrival of fall with its special message of, "For Everything There Is A Season," and with the return of the Rejoicing Ringers handbell choir. Please join us at 2:30 pm in the Worship Center and stay for the reception in the Fellowship Center after the service.



ENCOURING GROUPS TO SPONSOR THIRD SUNDAY OF THE MONTH BREAKFASTS

Now through May 2025, on the third Sunday of the month, we are asking that Mission Teams sign up to sponsor a breakfast. Breakfast is served between 9:00 am and 10:30 am.

Please [sign up here](#) or use the QR code.



A new way to donate is available – **Venmo is here!** Use the QR code to enter your donation. Please consider adding 2% to cover the transaction fees. Thank you.



ELCAvotes INITIATIVE

This is our last week supporting this initiative.
Our focus will be “**Know Your Polling Place**”
We'll also be answering any questions
related to the November 5th General Election

Polls will be open on November 5th from 7 AM to 8 PM. If you are in line by 8 PM you can vote. Go here to find your polling place:
<https://www.pa.gov/en/services/vote/find-your-local-polling-place.html>

When you arrive you will check in with the poll workers. Then you will either hand mark a paper ballot or cast your vote using a machine. You can find a video demo of your county's voting system here: <https://www.pa.gov/en/agencies/vote/voter-support/voting-system-demos.html#sortCriteria=%40copapwptitle%20ascending>

If you need help voting or have any issues using the voting system, ask a poll worker for assistance. You can also call Pennsylvania's official voter hotline at 1-877-868-3772.

During the past 6 weeks our ELCAvotes initiative table provided resources on the following voting topics: Register to vote, See what's on your ballot, Pledge to vote, Why it's important to vote, How voting machines work, and Deadlines. If you missed us you can still come by our table this Sunday in the church lobby. You can also get answers to all of your voting questions at: <https://www.pa.gov/en/agencies/vote.html> or at: <https://www.vote411.org/> and also at the League of Women Voters of Lehigh Valley at: <https://lwvlehighcounty.org/> .

VOTING IS YOUR SUPERPOWER.
Stand up for equality and justice, let your voice be heard!



Growing in Gratitude

Through Nov. 30, we will focus on ways to be grateful. Join with members of The Lutheran Church of the Holy Spirit as we walk together in growing this spiritual discipline through journaling each day 3 or more blessings that we give thanks to God for providing in our daily life. This can be done individually, as a couple, or with your family group. You pick the time of day that works best for you. If earlier in the day, perhaps think about the day before.

Provided for you will be:

A small Journal, Weekly Devotions, Prayers, Prompts to ponder, Scripture and Quote Cards.

For Children: Chart with daily stickers for keeping on track.

Each Week:

Return to write out 1-2 blessings from the week on a leaf. Then hang your leaf on one of the trees. (*the abundance we will see after 7 weeks!*) A bigger sticker will also be available for children each week.

All is available on the table in the narthex. Any writing, poem, artwork, or other creation formed during the journey of *Growing in Gratitude* is asked to be submitted to the church office by Nov. 20th. A book of Thanksgiving to be shared with the congregation the final weekend.

HOW DOES THE CHURCH HELP IN TIMES OF NATURAL DISASTER?

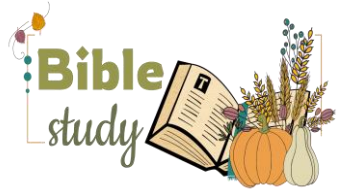
Gifts to **Lutheran Disaster Response** marked “Hurricane Response” will be used in full (100%) to assist those affected by hurricanes, until the response is complete. Give by making out your check out to Lutheran Disaster Response and send to: Evangelical Lutheran Church in America, ELCA Gift Processing Center, P.O. Box 1809, Merrifield, VA 22116-8009. Please write “Hurricane Response” on your check’s memo line. Or scan to give online.



MONDAY EVENING BIBLE STUDY

Bible study will be at 7:00 pm in room 110-112 on Monday, October 14.

We will search and learn about the book of Isaiah. Come and stretch and share your understanding of this incredible book. All are welcome. Contact Rick Doty, Elizabeth Moessner or Vi Ballard if you have questions.



PRIME TIMER'S EVENTS FOR OCTOBER

Book Group will meet on October 17th at 10:00 am and will be reviewing, "*Finding Margaret Fuller*" by Allison Pataki. The book for next month is "*Little Liar*" by Mitch Albom.

Movie Group will meet on October 22nd at 10:00 am. We will be watching, "*Something's Gotta Give*", a romantic comedy followed by lunch and laughter.

We will meet for **Coffee Hour** at 10:00 am on October 30th. All are welcome to join us for delicious homemade treats, jokes, games, health tips and more.



TRUNK OR TREAT / FALL FEST

SATURDAY, OCTOBER 19

1:00 – 2:30 PM

(Rain Date: Sunday, October 20th).

Join us for Trunk or Treat / Fall Fest which includes music, crafts, games, s'mores, hot dogs and beverages and more!

NEW MEMBER INFORMATION SESSION

October 20th 9:30-10:30 am - Room 117/119

*** open session.... stop in anytime throughout the hour ***

Have questions about The Lutheran Church of the Holy Spirit? The Lutheran faith? How to become a member? Join Pr. Tami and members of the Church Growth Team to hear about our church community and discuss your questions.

BLOOMIN' FAITH Thank you for your continued support of our monthly flower ministry Bloomin' Faith. The next delivery date is Saturday, October 26. **Ways you can help: Donations:** flowers from your garden are always appreciated. Please contact [Lisa Walton](#) to let her know what you have available. **Deliver:** with more drivers, we can spread God's joy to more members. If you are able to pick up and deliver 2-3 bouquets on a Saturday morning, [please sign up here](#).



LCHS BOOK GROUP Monday, October 28 at 11AM in Room 117/119 at LCHS. We will be discussing: ***The Heaven & Earth Grocery Store*** by

James McBride. Have old jewelry around the house collecting dust? You may bring it to the meeting to donate to the Emmaus Library. Feel free to bring your lunch to enjoy together after our meeting. November's book will be: ***The Seven Husbands of Evelyn Hugo*** by Taylor Jenkins Reid.



CHILDREN ARE WELCOME AND CELEBRATED! The Children's Ministry table and basket in the worship center lobby contains a variety of items for children's use during worship. Stop by to borrow a book or pick up some coloring sheets and crayons.

WORSHIP ASSISTANT OPPORTUNITIES

- Volunteer to be a [Communion Assistant](#)
- Volunteer to be on the [Production/Technology Team](#)
- Volunteer to be a worship [Song Leader](#) at 8:30 or 9:30 services.



Thank you for the tremendous outpouring of love and support for me and my family on the death of my father. The lovely flowers from Bloomin' Faith, the fruit basket, the beautiful prayer shawl, your presence at the calling hours and funeral, the many cards and messages of support all helped to lift our spirits during some difficult days. I am so grateful that God has blessed me with this church family. With love & gratitude, Pr. Cindy

GOD'S WORK. OUR HANDS – A Day of Service



Bags were packed full of goodies for the children in LV Reilly Children's Hospital



Volunteers sorted hundreds of crayons by color to be sent to the Crayon Initiative



Kindness rocks were painted and will be spread throughout our local community to be discovered by walkers.



T-shirt bags and snack bags are being given to Laundry on Linden in Allentown.



It was a beautiful day to clean up our church Food Bank garden.



Volunteers were busy finishing up the quilts.



Having fun making cards to spread sunshine and hope to those in need.

Stepping Up 2025 Update - Estimate of Giving Reminder

As of October 7, a total of 73 giving units (33% of giving units that provided Estimates of Giving for 2024) have provided their intention to Step Up their giving by \$75,750 (50% of our goal of \$151,000) in 2025 compared to 2024.

Thank you to everyone that has already submitted their Estimate of Giving card for 2025! By sharing your 2025 Estimate of Giving, you are helping our church leadership plan for Stepping Out with ministries in the coming year. ***If you have not already returned your Estimate of Giving, we ask that you submit it by October 20, 2024.***

The completed card can be placed in the box in the narthex (to the left of the center doors) or in the offering plates on Sunday.

Extra cards are also available next to the box in the narthex.

Other ways to return your Estimate of Giving is to email

finsec@holyspirit-emmaus.org or go online at lchsemmaus.org (click on Stewardship, then follow the prompts).

Thank You from the LCHS Stewardship Team!!

50
years



50th ANNIVERSARY OF THE ELCA WORLD HUNGER PROGRAM

World Food Day is being observed Tuesday October 15th. This is also the 50th anniversary of the ELCA World Hunger Program. To commemorate this anniversary, the ELCA is hosting a live ZOOM seminar scheduled for October 15th beginning at 7 PM CDT. This seminar will provide firsthand stories from partners of ELCA World Hunger projects. Participants will see the positive impact of the 50 years of the ELCA Hunger work. You can register for this ZOOM seminar by [clicking here](#).

FESTIVAL OF ALL SAINTS

During the services on Sunday November 3rd, we will remember those members who have died during the last year. You may also remember family members, friends, or loved ones who have died by placing their name(s) in the designated basket in the narthex lobby where the white forms are provided. Please submit your remembrance(s) **no later than Monday, October 21st**. Please call or email the church office if you need a form.

LIGHTING OF REMEMBRANCE CANDLES On All Saints' Sunday, November 3, *during the gathering music*, you are invited to come forward to light a candle in remembrance of someone who has died.

Please plan to arrive early for the services on November 3 if you wish to light a candle.



EFFECTS OF DRINKING SUGARY DRINKS VS.

WATER: Water is the best drink. Unfortunately, sugary drinks replace water in American diets. Sugary drinks can contribute to weight gain, obesity, Type 2 diabetes, heart disease, gout,

and other health problems. CDC guidelines recommend that no more than 10% of daily calories be from added sugar for anyone older than 2. No added sugars should be consumed from birth to age 2. An adult on a 2000-calorie diet should not consume over 200 calories of added sugar. The average 20-ounce soft drink has about 65 grams of added sugar (1 gm of sugar equals 4 calories), therefore, 65 grams in a soft drink equals 260 calories. Other beverages with high amounts of added sugar are iced coffee, sports drinks, energy drinks, and sweetened iced tea. Water on the other hand has zero added sugar and is important to maintain our health by helping regulate body temperature, lubricating and cushioning joints, and the elimination of wastes. Cutting out a few cans of sugary drinks daily can impact your calorie intake and be a step towards a healthier body.

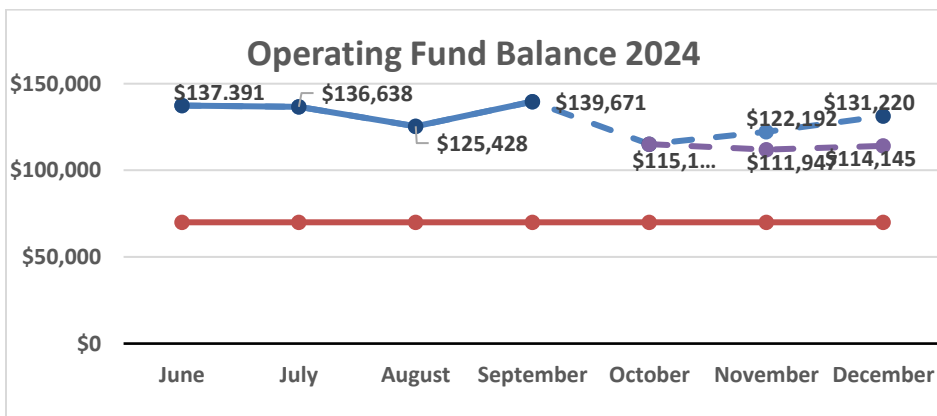
~ Dean Black, Faith Community Nurse

Financial Results and Discussion – September 2024

Operating Performance: September income was \$79,040, \$26,419 or 50.2% above-budget. Operating expenses were \$64,796, \$713 or 1.09% below budget. We finished September with a \$14,243 surplus, compared to a budgeted deficit of \$12,889. The graph below presents our operating cash balance shown against our monthly cash requirement June – December.

- **Straight Line at \$70,000:** Represents our monthly cash requirement to operate the church.
- **Upper Straight Line:** Represents our **current** operating cash balance at the end of each month.
- **Upper Dotted Line:** Represents our **projected** operating cash balance through year end as well as a second lower line reflecting cash requirements with a second Assoc Pastor called.

NOTE: We had a strong uptick in revenue during September which we attribute to some catch-up from the summer months as well as members increasing their financial gifts in response to the Stepping Up 2025 stewardship mailing. Thank you to everyone that continues to share their financial gifts in support of our ministries!



Building Fund: The building fund increased \$505.08 during the month and has a balance of \$15,512.18.

Mortgage Update: The mortgage balance as of September 30, 2024, is \$370,872.34.



IN OUR
Thoughts and Prayers

Please remember these members and friends
of Holy Spirit in your prayers:

Our homebound members: Ray, Dale, Helen, Judith, Phyllis, Dick, Gordon, Christopher, Grayson, Darla, Jean, Norine, Billie, Trevor, and Bob.

Pray for God's healing for: Jim, Joe, Gary, Tom, Bill, Scott, Carolyn, Glenn, Jameson, Beth, Charles, Irene, Lester, Christopher, Nancy, Donna, Nancy, Carl, Marilee, Nancy, Kim, Laura, Rick, Wilma, Caiden, Sherri, Margie, and Don.

On Sunday, **we celebrate the baptism** of Josephine Patricia. We welcome Josephine into the body of Christ and our fellowship here at Holy Spirit.

Prayer Request Reminder: Prayers requested for a particular individual will be spoken by name at Sunday worship for one month following the date of the request. Should prayers be desired beyond this initial period, another request may certainly be made. The names of our homebound members will be offered in worship at least once a month.

In the Event of a Pastoral Emergency, you find you are in emergency need of having a pastor contact you, call the office at 610- 967-2220 and press the number 3 after the general announcement.

If you, or a member of your family, are ever hospitalized, please let the pastors know by contacting the church office at 610-967-2220. The hospitals no longer notify the church due to HIPAA laws.



Hello Holy Spirit!

October is the collection month for the EHS Angel Network food baskets. That means we only have THREE weeks left!

This year we will be collecting canned corn and laundry detergent or laundry pods.

The green beans/peas have already been donated by some generous congregants! So that goal is already met!! Thank you! So our collection during the month of October will be laundry detergent and corn only.

Holy Spirit is most grateful for our partnership in helping the EHS students and their families! It takes a village, and we are so happy to be a part of that village with you!

Thank you so much for your generous hearts and willingness to help others.

NEEDED:

**Detergent - 272 bottles or bags (laundry pods)
THIS IS THE MOST PRESSING NEED!**

Corn - 200 cans of corn

A few reminders - Collection bins are outside the Fellowship Hall. Any grocery store will be happy to provide you with a case of corn - they usually come in 4, 8, or 12 cans to a case, and **are much easier to carry!**

Please see the Outreach Newsletter for more information or you can contact me at 610-217-2666 or by email: Deblwalsh613@gmail.com.

Thank you all! Deb Walsh and the EHS Angel Network

ADVENT unwrapped!

You are invited to join us as together we “unwrap” the gifts of Advent, preparing our hearts and homes for the birth of Jesus.

ADVENT WREATH

Families or pairs of people are invited to lead us in the **Lighting of the Advent Wreath Candles** each week in December. You will share a brief Reading with the congregation and light one of the candles on the Advent Wreath. Materials will be provided well in advance.

JOURNEY OF MARY AND JOSEPH

Families (especially those with children) are encouraged to sign up to **assist Mary and Joseph in their journey from Nazareth to Bethlehem during the month of December.** Figures of Mary and Joseph will travel from house to house looking for shelter each night as they travel to their final destination – Holy Spirit at the 5:00 service on Christmas Eve. Will you welcome them into your home for one night?

Your responsibilities will include:

- Sharing together in a devotional time to ponder what it means to welcome Mary and Joseph into our “Inns.”
- Placing Mary and Joseph somewhere in your home, taking a picture of them, and sending it to the church to be included in a slide show.
- Placing a small sign in your front window to announce that Mary and Joseph have found shelter in your home.
- Delivering Mary and Joseph to the home of their next host before 6:00 pm the following day.

Each participating family will receive a “sheep” to remember this special Advent journey.

Once we have a list of those who are interested, you will be able to select a date to host Mary and Joseph. Detailed instructions will be shared with each host family.

For more information, please contact Deacon Mel. **Signup sheets are in the lobby.**

CALENDAR

Sun. 10/13	1:50 pm	Rejoicing Ringers (WC)
	2:30 pm	Rejoicing Spirits (WC & FC)
Mon. 10/14	9:30 am	Stitch-n-Chat (113)
	10:00 am	Counters (116)
	11:00 am	Pastor's Meeting (Office)
	7:00 pm	Bible Study (110/112)
Tues. 10/15	9:15 am	NS Chapel (WC)
	10:15 am	Staff Meeting (117/119)
	7:00 pm	Congregation Council (117/119)
	7:00 pm	Community Justice Panel (SC)
Weds. 10/16	9:15 am	NS Chapel (WC)
	9:30 am	M&M's Too (117/119)
	6:15 pm	Bell Rehearsal (WC)
Thurs. 10/17	10:00 am	Prime Timer's Book Group (ASR)
	6:30 pm	Choir Rehearsal (Music Room)
Sat. 10/19	1:00 pm	Trunk or Treat/Fall Fest
Mon. 10/21	10:00 am	Counters (116)
	11:00 am	Pastor's Meeting (Office)
	7:00 pm	Finance Committee (FC)
	6:30 pm	Stewardship Meeting (116)
	7:00 pm	Bible Study (110/112)
	7:00 pm	Stephen Ministers (ASR & 117/119)
Tues. 10/22	9:15 am	NS Chapel (WC)
	10:00 am	Prime Timer's Movie (ASR)
	10:15 am	Staff Meeting (117/119)
	7:00 pm	Worship Committee (117/119)
Weds. 10/23	9:15 am	NS Chapel (WC)
	6:15 pm	Bell Rehearsal (WC)
	7:00 pm	Strategic Planning Mtg. (116)
	7:00 pm	Staff Support Mtg. (117/119)
Weds. 10/24	1:00 pm	Outreach Mission Team (Zoom)
	6:30 pm	Choir Rehearsal (Music Room)
Fri. 10/25	10:00 am	Bloomin' Faith (Kitchen)
	1:00 pm	Decorating
Sat. 10/26	9:30 am	Bloomin' Faith (Parking Lot)
	11:30 am	Confirmation Luncheon (FC)
Sun. 10/27		Confirmation Sunday