

We are a Reconciling in Christ, Rejoicing Spirits, and handicap friendly congregation.

3461 Cedar Crest Blvd. Emmaus, PA 18049 610-967-2220

info@holyspiritemmaus.org www.lchsemmaus.org

#### **UPCOMING EVENTS**

#### October 20

New Member Information Session

October 27

Confirmation

November 3

All Saints Sunday

November 10

Bible Sunday Rejoicing Spirits

# HOLY HAPPENINGS

#### Sunday, October 20, 2024

\*8:30 am Spirit Worship
9:30 am Family Service
Coffee, Tea, Fellowship
CAT Class, High School Connect
10:00 am Sunday School
Gospel Reading/Sermon Replay
\*10:30 am Spirit Worship

Nursery Care is available at all morning services in Room 113.

\*Our 8:30 and 10:30 am worship services are on Zoom

If you are worshipping with us on Zoom, please remember to have bread, grape juice, or wine available and ready for digital communion.

Zoom Link: Meeting ID: 511 504 8051 Audio only: 929-205-6099

Bulletins are available on the <u>website</u> prior to the Sunday service for those who wish to follow along.

If you are interested in watching the Pastor's sermon and listening to the Gospel, please visit our website and click on the "Watch a video recorded Sunday service" button.

	WORSHIP ATTENDANCE		
October 13, 2024	In-person	Zoom	
8:30 am	122	16	
9:30 am	81	N/A	
10:30 am	100	23	
2:30 pm	32		

October 20 WORSHIP HELPERS	8:30 AM	9:30 AM	10:30 AM
Assisting Ministers	Eric Kahler		Vi Ballard
Communion Assistants	Carol Walrod Don Walrod	Jennifer Wetzel Dianna Olszewski Jen Day Roth	Vi Ballard Deb Smith
Readers	Kitti Berkheimer	Amelia P.	Mark Stanziola
Children's Message		Karin Kahler	
Greeters	John Holland	John Slaby	Nancy Slimmer
Ushers	Bob Rohrbach Gerry Masteller	Josh S.	Rick Slimmer
Production/ Technology	Al Bauernschmidt Volunteer Needed Volunteer Needed	Jeff Gross Volunteer Needed	Carol Osenbach Ev Reggie John Osenbach

### **NEW MEMBER INFORMATION SESSION**

October 20th 9:30-10:30 am - Room 117/119

Have questions about The Lutheran Church of the Holy Spirit?

The Lutheran faith?

How to become a member?

Join Pr. Tami and members of the Church Growth Team to hear about our church community and discuss your questions.

<sup>\*</sup> open session.... stop in anytime throughout the hour \*



### Growing in Grafifude

Through Nov. 30, we will focus on ways to be grateful. Join with members of The Lutheran Church of the Holy Spirit as we walk together in growing this spiritual discipline through journaling each day 3 or more blessings that

we give thanks to God for providing in our daily life. This can be done individually, as a couple, or with your family group. You pick the time of day that works best for you. If earlier in the day, perhaps think about the day before.

#### Provided for you will be:

A small Journal, Weekly Devotions, Prayers, Prompts to ponder, Scripture and Quote Cards.

For Children: Chart with daily stickers for keeping on track.

#### Each Week:

Return to write out 1-2 blessings from the week on a leaf. Then hang your leaf on one of the trees. (the abundance we will see after 7 weeks!) A bigger sticker will also be available for children each week.

All is available on the table in the narthex. Any writing, poem, artwork, or other creation formed during the journey of *Growing in Gratitude* is asked to be submitted to the church office by Nov. 20<sup>th</sup>. A book of Thanksgiving to be shared with the congregation the final weekend.

# HOW DOES THE CHURCH HELP IN TIMES OF NATURAL DISASTER?

Gifts to **Lutheran Disaster Response** marked "Hurricane Response" will be used in full (100%) to assist those affected by hurricanes, until the response is complete. Give by making out your check out to

Lutheran Disaster Response and send to: Evangelical Lutheran Church in America, ELCA Gift Processing Center, P.O. Box 1809, Merrifield, VA 22116-8009. Please write "Hurricane Response" on your check's memo line. Or scan to give online.

### Stepping Up 2025 Update - Estimate of Giving Reminder

As of October 13, a total of 100 giving units (46% of giving units that provided Estimates of Giving for 2024) have provided their intention to Step Up their giving by \$86,560 (57% of our goal of \$151,000) in 2025 compared to 2024. Thank you to everyone that has already submitted their Estimate of Giving card for 2025! By sharing your 2025 Estimate of Giving, you are helping our church leadership plan for Stepping Out with ministries in the coming year.

If you have not already returned your Estimate of Giving, we ask that you submit it by October 20, 2024. The completed card can be placed in the box in the narthex (to the left of the center doors) or in the offering plates on Sunday. Extra cards are also available next to the box in the narthex. Other ways to return your Estimate of Giving is to email <a href="mailto:finsec@holyspirit-emmaus.org">finsec@holyspirit-emmaus.org</a> or go online at <a href="mailto:lchsemmaus.org">lchsemmaus.org</a> (click on Stewardship, then follow the prompts).

Thank You From the LCHS Stewardship Team!!

#### MONDAY EVENING BIBLE STUDY

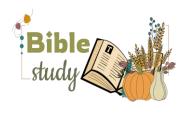
Bible study will be at 7:00 pm in room 110-112 on Monday, October 21.

We will be examining Isaiah 10-15.

Come and stretch and share your understanding of this incredible book.

All are welcome. Contact Rick Doty,

Elizabeth Moessner or Vi Ballard if you have questions.



### **FESTIVAL OF ALL SAINTS**

During the services on Sunday November 3<sup>rd</sup>, we will remember those members who have died during the last year. You may also remember family members, friends, or loved ones who have died by placing their name(s) in the designated basket in the narthex lobby where the white forms are provided. Please submit your remembrance(s) no later than Monday, October 21<sup>st</sup>. Please call or email the church office if you need a form.

LIGHTING OF REMEMBRANCE CANDLES On All Saints' Sunday, November 3, during the gathering music, you are invited to come forward to light a candle in remembrance of someone who has died.

Please plan to arrive early for the services on November 3 if you wish to light a candle.

#### PRIME TIMER'S EVENTS FOR OCTOBER

<u>Movie Group</u> will meet on October 22<sup>nd</sup> at 10:00 am. We will be watching, "Something's Gotta Give", a romantic comedy followed by lunch and laughter.

We will meet for <u>Coffee Hour</u> at 10:00 am on October 30<sup>th</sup>. All are welcome to join us for delicious homemade treats, jokes, games, health tips and more.

BLOOMIN' FAITH Thank you for your continued support of our monthly flower ministry Bloomin' Faith. The next delivery date is Saturday, October 26. Ways you can help: Donations: flowers from your garden are always appreciated. Please contact <u>Lisa</u> Walton to let her know what you have available. Deliver: with more drivers, we can spread God's joy to more members. If you are able to pick up and deliver 2-3 bouquets on a Saturday morning, please sign up here.



LCHS BOOK GROUP Monday, October 28 at 11AM in Room 117/119 at LCHS. We will be discussing: The Heaven & Earth Grocery Store by

James McBride. Have old jewelry around the house collecting dust? You may bring it to the meeting to donate to the Emmaus Library. Feel free to bring your lunch to enjoy together after our meeting. November's book will be: *The Seven Husbands of Evelyn Hugo* by Taylor Jenkins Reid.



CHILDREN ARE WELCOME AND
CELEBRATED! The Children's Ministry table
and basket in the worship center lobby
contains a variety of items for children's use
during worship. Stop by to borrow a book or
pick up some coloring sheets and crayons.

#### **WORSHIP ASSISTANT OPPORTUNITIES**

Volunteer to be a <u>Communion Assistant</u>
Volunteer to be on the <u>Production/Technology Team</u>
Volunteer to be a worship <u>Song Leader</u> at 8:30 or 9:30 services.

Volunteers can choose what days they would like to serve. Training is available.



# ENCOURING GROUPS TO SPONSOR THIRD SUNDAY OF THE MONTH BREAKFASTS

Now through May 2025, on the third Sunday of the month, we are asking that Mission Teams sign up to sponsor a breakfast. Breakfast is served between 9:00 am and 10:30 am.

Please sign up here or use the QR code.





#### EMMAUS HIGH SCHOOL ANGEL NETWORK

October is our collection month for the EHS Angel Network food baskets. We are collecting for both the Christmas baskets and next year's Easter baskets.

NEEDED: <u>Detergent</u> - 260 bottles or bags (laundry pods) THIS IS OUR MOST PRESSING NEED! Corn - 76 cans of corn

Collection bins are outside the Fellowship Hall. Any grocery store will be happy to provide you with a case of corn - they usually come in 4, 8, or 12 cans to a case, and <u>are much easier to carry!</u> Thank you all for your continued support, we are steadily working towards our goal!!

Please see the Outreach Newsletter for more information or you can contact me at 610-217-2666 or by email: <a href="mailto:Deblwalsh613@gmail.com">Deblwalsh613@gmail.com</a>.



#### EFFECTS OF DRINKING SUGARY DRINKS VS.

**WATER:** Water is the best drink. Unfortunately, sugary drinks replace water in American diets. Surgery drinks can contribute to weight gain, obesity, Type 2 diabetes, heart disease, gout, and other health problems. CDC guidelines

recommend that no more than 10% of daily calories be from added sugar for anyone older than 2. No added sugars should be consumed from birth to age 2. An adult on a 2000-calorie diet should not consume over 200 calories of added sugar. The average 20-ounce soft drink has about 65 grams of added sugar (1gm of sugar equals 4 calories), therefore, 65 grams in a soft drink equals 260 calories. Other beverages with high amounts of added sugar are iced coffee, sports drinks, energy drinks, and sweetened iced tea. Water on the other hand has zero added sugar and is important to maintain our health by helping regulate body temperature, lubricating and cushioning joints, and the elimination of wastes. Cutting out a few cans of sugary drinks daily can impact your calorie intake and be a step towards a healthier body.

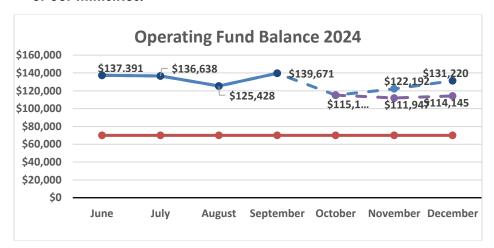
~ Dean Black, Faith Community Nurse

#### Financial Results and Discussion – September 2024

Operating Performance: September income was \$79,040, \$26,419 or 50.2% above-budget. Operating expenses were \$64,796, \$713 or 1.09% below budget. We finished September with a \$14,243 surplus, compared to a budgeted deficit of \$12,889. The graph below presents our operating cash balance shown against our monthly cash requirement June – December.

- **Straight Line at \$70,000**: Represents our monthly cash requirement to operate the church.
- **Upper Straight Line**: Represents our **current** operating cash balance at the end of each month.
- Upper Dotted Line: Represents our projected operating cash balance through year end as well as a second lower line reflecting cash requirements with a second Associate Pastor called.

NOTE: We had a strong uptick in revenue during September which we attribute to some catch-up from the summer months as well as members increasing their financial gifts in response to the Stepping Up 2025 stewardship mailing. Thank you to everyone that continues to share their financial gifts in support of our ministries!



**Building Fund:** The building fund increased \$505.08 during the month and has a balance of \$15,512.18.

**Mortgage Update:** The mortgage balance as of September 30, 2024, is \$370,872.34.



## Please remember these members and friends of Holy Spirit in your prayers:

**Our homebound members:** Ray, Dale, Helen, Judith, Phyllis, Dick, Gordon, Christopher, Grayson, Darla, Jean, Norine, Billie, Trevor, and Bob.

**Pray for God's healing for:** Jim, Joe, Gary, Bill, Scott, Carolyn, Glenn, Jameson, Irene, Lester, Christopher, Nancy, Donna, Nancy, Tom, Carl, Marilee, Rue, Nancy, Kim, Laura, Rick, Wilma, Caiden, Sherri, Margie, and Don.

**In times of sorrow**, we extend our sympathy to Kristen and Bill Newill in the death of her father, David Fink. May God surround their family and friends during this time.

<u>Prayer Request Reminder:</u> Prayers requested for a particular individual will be spoken by name at Sunday worship for one month following the date of the request. Should prayers be desired beyond this initial period, another request may certainly be made. The names of our homebound members will be offered in worship at least once a month.

<u>In the Event of a Pastoral Emergency</u>, you find you are in emergency need of having a pastor contact you, call the office at 610-967-2220 and press the number 3 after the general announcement.

If you, or a member of your family, are ever hospitalized, please let the pastors know by contacting the church office at 610-967-2220. The hospitals no longer notify the church due to HIPAA laws.

# ADVENT unwrapped!

You are invited to join us as together we "unwrap" the gifts of Advent, preparing our hearts and homes for the birth of Jesus.

#### **ADVENT WREATH**

Families or pairs of people are invited to lead us in the <u>Lighting of</u> the Advent Wreath Candles each week in December. You will share a brief Reading with the congregation and light one of the candles on the Advent Wreath. Materials will be provided well in advance.

#### **JOURNEY OF MARY AND JOSEPH**

Families (especially those with children) are encouraged to sign up to <u>assist Mary and Joseph in their journey from Nazareth to Bethlehem during the month of December</u>. Figures of Mary and Joseph will travel from house to house looking for shelter each night as they travel to their final destination — Holy Spirit at the 5:00 service on Christmas Eve. Will you welcome them into your home for one night?

Your responsibilities will include:

- Sharing together in a devotional time, with provided prayers and stories, to ponder what it means to welcome Mary and Joseph into our "Inns."
- Placing Mary and Joseph somewhere in your home, taking a picture of them, and sending it to the church to be included in a slide show.
- Placing a small sign in your front window to announce that Mary and Joseph have found shelter in your home.
- Delivering Mary and Joseph to the home of their next host before 6:00 pm the following day.

Each participating family will receive a "sheep" to remember this special Advent journey.

Once we have a list of those who are interested, you will be able to select a date to host Mary and Joseph. Detailed instructions will be shared with each host family.

For more information, please contact Deacon Mel. **Signup sheets** are in the lobby.

CALENDAD		
CALENDAR Mon. 10/21	10:00 am	Counters (116)
74011. 10/21	11:00 am	Pastor's Meeting (Office)
	6:30 pm	Stewardship Meeting (116)
	7:00 pm	Finance Committee (FC)
	7:00 pm	Bible Study (110/112)
	7:00 pm	Stephen Ministers (ASR & 117/119)
Tues. 10/22	9:15 am	NS Chapel (WC)
,	10:00 am	Prime Timer's Movie (ASR)
	10:15 am	Staff Meeting (117/119)
	7:00 pm	Worship Committee (117/119)
Weds. 10/23	9:15 am	NS Chapel (WC)
,	6:15 pm	Bell Rehearsal (WC)
	7:00 pm	Strategic Planning Mtg. (116)
	7:00 pm	Staff Support Mtg. (117/119)
Weds. 10/24	1:00 pm	Outreach Mission Team (Zoom)
	6:30 pm	Choir Rehearsal (Music Room)
Fri. 10/25	Church Offic	e Closed
	10:00 am	Bloomin' Faith (Kitchen)
	1:00 pm	Decorating
Sat. 10/26	9:30 am	Bloomin' Faith (Parking Lot)
	11:30 am	Confirmation Luncheon (FC)
Sun. 10/27	Confirmation	Sunday
Mon. 10/28	10:00 am	Counters (116)
	11:00 am	Pastor's Meeting (Office)
	11:00 am	LCHS Book Group (117/119)
- 4	7:00 pm	Bible Study (110/112)
Tues. 10/29	9:15 am	NS Chapel (WC)
	10:00 am	Staff Meeting (117/119)
	6:00 pm	Global Missions (117/119)
Weds. 10/30	9:10 am	NS Halloween Parade
	10:00 am	Prime Timeer's Coffee Hour (FC)
	10:00 am	Stitch-n-Chat (113)
	2:30 pm	Rejoicing Ringers (WC)
Th 10/01	6:15 pm	Bell Rehearsal (WC)
Thurs. 10/31	9:10 am	NS Halloween Parade
	6:30 pm	Choir Rehearsal (Music Room)



### Poinsettia Order Form Plants cost \$10 each

Name:		
Envelope Number _		_
Please Indicate you	r <b>color choice</b> w	ith quantity below:
Red	White	Marble
Total Enclosed: \$		
PLEASE PRINT CLEA	RLY	
In Honor of		
In Memory of		

Please return form in the offering plate or to the office with your payment no later than Sunday, November 17<sup>th</sup>.