



We are a
**Reconciling in Christ,
Rejoicing Spirits, and
handicap friendly
congregation.**

3461 Cedar Crest Blvd.
Emmaus, PA 18049
610-967-2220

info@holyspirit-
emmaus.org
www.lchsemmaus.org

UPCOMING EVENTS

October 27

Confirmation

November 3

All Saints Sunday

November 10

Bible Sunday
Rejoicing Spirits

November 17

New Member Welcome

November 27

Thanksgiving Eve Service

HOLY HAPPENINGS

Sunday, October 27, 2024

***8:30 am Spirit Worship**

9:30 am Family Service

Coffee, Tea, Fellowship

CAT Class, High School Connect

10:00 am Sunday School

Gospel Reading/Sermon Replay

***10:30 am Spirit Worship**

**Nursery Care is available at all
morning services in Room 113.**

***Our 8:30 and 10:30 am
worship services are on Zoom**

If you are worshipping with us on Zoom,
please remember to have bread, grape
juice, or wine available and ready for
digital communion.

[Zoom Link](#): Meeting ID: 511 504 8051

Audio only: 929-205-6099

Bulletins are available on the [website](#)
prior to the Sunday service for those who
wish to follow along.

If you are interested in watching the
Pastor's sermon and listening to the
Gospel, please visit our [website](#) and
click on the "Watch a video recorded
Sunday service" button.

WORSHIP ATTENDANCE

<u>October 20, 2024</u>	In-person	Zoom
8:30 am	109	13
9:30 am	65	N/A
10:30 am	105`	19

October 27 WORSHIP HELPERS	8:30 AM	9:30 AM	10:30 AM
Assisting Ministers	Becky Keane		Becky Leiby
Communion Assistants	Linda Devine JoEllen Rooney	Jimmy Lee Werley Dianna Olszewski Jen Day	Beth Fatzinger Dave Fatzinger
Readers	Linda Devine	Jimmy G.	Tom Bradley
Children's Message		Deb Smith	
Greeters	Pattie Bisbing	Emily George	Ava Killingsworth
Ushers	Michael Epperly	Jimmy G.	Larry Killingsworth
Production/ Technology	Paige Mathieu Bill Keane Glenn Hinderliter	Craig Kauffman Bill Keane	Craig Kauffman Ev Reggie

COFFEE, TEA, CONNECT – NOVEMBER 3, 2024 **9:30 – 10:15AM IN THE FELLOWSHIP CENTER**

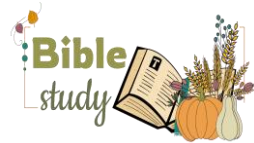
SENIORS - LIVING YOUR BEST LIFE – Both seniors and their children are invited to come and learn some essential information on future planning. Join this session to get vital information and planning ideas for our senior years. “A solid plan reduces anxiety and uncertainty and provides comfort for the future.” Build your knowledge with expert advice, including living arrangements, financial planning, and understanding Medicare with Carol Frawley (Certified Dementia Practitioner from Care Patrol), Kristie Strubeck (CFP from Raymond James) and Cierra Palmer, a licensed Medicare Advisor from Silver Crest Insurance.

MONDAY EVENING BIBLE STUDY

Bible study will be at 7:00 pm in room 110-112 on Monday, October 28.

Come and share your understanding of of Isaiah 17-22. All are welcome.

Contact Rick Doty, Elizabeth Moessner or Vi Ballard if you have questions.



LCHS BOOK GROUP Monday, October 28 at

11AM in Room 117/119 at LCHS. We will be

discussing: ***The Heaven & Earth Grocery Store*** by

James McBride. Have old jewelry around the house

collecting dust? You may bring it to the meeting to donate to the

Emmaus Library. Feel free to bring your lunch to enjoy together

after our meeting. November's book will be: ***The Seven Husbands of Evelyn Hugo*** by Taylor Jenkins Reid.

PRIME TIMER'S We will meet for **Coffee Hour** at 10:00 am on October 30th. All are welcome to join us for delicious homemade treats, jokes, games, health tips and more.



EMMAUS HIGH SCHOOL ANGEL NETWORK

October is our collection month for the EHS Angel

Network food baskets. We are collecting for both the

Christmas baskets and next year's Easter baskets.

NEEDED: Detergent - 234 bottles or bags (laundry pods) THIS IS OUR MOST PRESSING NEED!

Corn - 25 cans of corn

Collection bins are outside the Fellowship Hall. Any grocery store will be happy to provide you with a case of corn - they usually come in 4, 8, or 12 cans to a case, and **are much easier to carry!** **Thank you all for your continued support, we are steadily working towards our goal!!**

Please see the Outreach Newsletter for more information or you can contact me at 610-217-2666 or by email:

Deblwalsh613@gmail.com.



Growing in Gratitude

Through Nov. 30, we are focusing on ways to be grateful. Join with other members of The Lutheran Church of the Holy Spirit as we walk together in growing this spiritual discipline through journaling each day 3 or more blessings that we give thanks to God for providing in our daily life. This can be done individually, as a couple, or with your family group. You pick the time of day that works best for you. If earlier in the day, perhaps think about the day before.

Please remember to pick up your small Journal, Weekly Devotions, Prayers, Prompts to ponder, Scripture and Quote Cards. (Items can be found in the narthex)

Children: can chart with daily stickers for keeping on track.

Each Week:

Return to church and write out 1-2 blessings from the week on a leaf. Then hang your leaf on one of the trees in the narthex. (*the abundance we will see after 7 weeks!*)

A bigger sticker will also be available for children each week.

Any writing, poem, artwork, or other creation formed during the journey of *Growing in Gratitude* is asked to be submitted to the church office by Nov. 20th. A book of Thanksgiving to be shared with the congregation the final weekend.

FESTIVAL OF ALL SAINTS LIGHTING OF REMEMBRANCE

CANDLES On All Saints' Sunday, November 3, during the gathering music, you are invited to come forward to light a candle in remembrance of someone who has died.

Please plan to arrive early for the services on November 3 if you wish to light a candle.

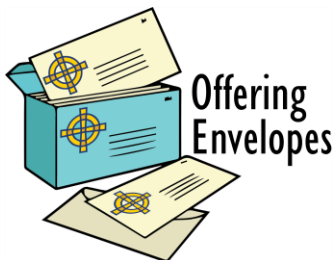
CHRISTMAS INGATHERING begins Sunday, November 3rd. You will have opportunities to purchase needed supplies for the Allentown Rescue Mission and Turning Point programs as well as gifts for the children in the Topton Home Foster Care Program. Watch for our MailChimp email this week with details on what exactly is needed for each group and the link for Signup Genius for Christmas gifts for kids at Topton. Please limit your gift to a value of \$20-25. All collected items can be dropped in the designated bins in the Fellowship Center Lobby. Call Alice Mudge at 610-400-5349 with any questions you may have.

**HOW DOES THE CHURCH HELP
IN TIMES OF NATURAL DISASTER?**

Gifts to **Lutheran Disaster Response** marked "Hurricane Response" will be used in full (100%) to assist those affected by hurricanes, until the response is complete. Give by making out your check out to Lutheran Disaster Response and send to: Evangelical Lutheran Church in America, ELCA Gift Processing Center, P.O. Box 1809, Merrifield, VA 22116-8009. Please write "Hurricane Response" on your check's memo line. Or scan to give online.



WE ARE NO LONGER ACCEPTING DONATIONS. After prayerful consideration, we have decided to stop accepting donations for the Allentown Rescue Mission, Allentown Food Bank, the Sixth Street Shelter and Pathways. We thank you for all your years of supporting these worthy causes and ask that you keep supporting our collections found in the monthly Outreach Newsletter and weekly Holy Happenings.



As the year winds down, we are looking at ways to save costs in our 2025 budget. If you are receiving paper envelopes and do not use them, should we stop mailing them to you? If you no longer wish to receive envelopes, please contact [Nikki Clark](#) in the Church Office or [Terri Hinderliter](#),

our Financial Secretary, for your permission to remove you from the list of recipients. Thank you.

Stepping Up 2025 Update Estimate of Giving Reminder



As of October 20, a total of 138 giving units (64% of giving units that provided Estimates of Giving for 2024) have provided their intention to Step Up their giving by \$118,000 (78% of our goal of \$151,000) in 2025 compared to 2024. Thank you to everyone that has already

submitted their Estimate of Giving card for 2025! By sharing your 2025 Estimate of Giving, you are helping our church leadership plan for Stepping Out with ministries in the coming year.

If you have not already returned your Estimate of Giving, the completed card can be placed in the box in the narthex (to the left of the center doors) or in the offering plates on Sunday. Extra cards are also available next to the box in the narthex. Other ways to return your Estimate of Giving is to email finsec@holyspirit-emmaus.org or go online at lchsemmaus.org (click on Stewardship, then follow the prompts).

Thank You from the LCHS Stewardship Team!!



CHILDREN ARE WELCOME AND CELEBRATED! The Children's Ministry table and basket in the worship center lobby contains a variety of items for children's use during worship. Stop by to borrow a book or pick up some coloring sheets and crayons.

WORSHIP ASSISTANT OPPORTUNITIES

Volunteer to be a [Communion Assistant](#)

Volunteer to be on the [Production/Technology Team](#)

Volunteer to be a worship [Song Leader](#) at 8:30 or 9:30 services.

Volunteers can choose what days they would like to serve.

Training is available.



ENCOURING GROUPS TO SPONSOR THIRD SUNDAY OF THE MONTH BREAKFASTS

Now through May 2025, on the third Sunday of the month, we are asking that Mission Teams sign up to sponsor a breakfast. Breakfast is served between 9:00 am and 10:30 am.

Please [sign up here](#) or use the QR code.

SESSION ON PREVENTING COMMON FALLS



Come to a one-hour free information session on **"Think First to Prevent Falls"** Wednesday, November 13, at 11:00 a.m. in the Fellowship Center followed by a brown bag lunch. Coffee and tea will be provided. Falls are a major health concern for anyone over 65. Hear ways to prevent

falls and how to make your environment safer. This session is presented by Andrea Nesfeder, St. Luke's Trauma Outreach Coordinator. To get a sense of how many folks are coming, email <mailto:black@holyspirit-emmaus.org>, or call, text or voicemail me at 484-649-9784. Andrea and I are looking forward to your presence. ~ Dean Black Faith Community Nurse.



EFFECTS OF DRINKING SUGARY DRINKS VS. WATER:

As we all know, water is the best drink. Unfortunately, sugary drinks replace water in American diets. Sugary drinks can contribute to weight gain, obesity, Type 2 diabetes, heart disease, gout, and other health problems. CDC guidelines recommend that no more than 10% of daily calories be from added sugar for anyone older than 2. No added sugars should be consumed from birth to age 2. An adult on a 2000-calorie diet should not consume over 200 calories of added sugar. The average 20-ounce soft drink has about 65 grams of added sugar (1 gm of sugar equals 4 calories), therefore, 65 grams in a soft drink equals 260 calories. Other beverages with high amounts of added sugar are iced coffee, sports drinks, energy drinks, and sweetened iced tea. Water on the other hand has zero added sugar and is important to maintain our health by helping regulate body temperature, lubricating and cushioning joints, and the elimination of wastes. Cutting out a few cans of sugary drinks daily can impact your calorie intake and be a step towards a healthier body.

~ Dean Black, Faith Community Nurse

Care Packages FOR COLLEGE STUDENTS



Do we have your college students' address? If you are not sure, please send their address to Amber O'Brien as soon as possible so they can receive their care package from the church. You can email Amber at: obrien@holyspirit-emmaus.org.



IN OUR
Thoughts and Prayers

Please remember these members and friends
of Holy Spirit in your prayers:

Our homebound members: Ray, Dale, Helen, Judith, Phyllis, Dick, Gordon, Christopher, Grayson, Darla, Jean, Norine, Billie, Trevor, and Bob.

Pray for God's healing for: Jim, Joe, Jane, Gary, Bill, Scott, Carolyn, Glenn, Jameson, Irene, Lester, Christopher, Nancy, Donna, Nancy, Tom, Carl, Marilee, Rue, Nancy, Kim, Laura, Rick, Wilma, Caiden, Sherri, Margie, and Don.

In times of joy and celebration for those getting confirmed on Sunday: Angelina; Logan; Payton; Jonah; Emma; Ryan; Hannah and Anna.

Prayer Request Reminder: Prayers requested for a particular individual will be spoken by name at Sunday worship for one month following the date of the request. Should prayers be desired beyond this initial period, another request may certainly be made. The names of our homebound members will be offered in worship at least once a month.

In the Event of a Pastoral Emergency, you find you are in emergency need of having a pastor contact you, call the office at 610- 967-2220 and press the number 3 after the general announcement.

If you, or a member of your family, are ever hospitalized, please let the pastors know by contacting the church office at 610-967-2220. The hospitals no longer notify the church due to HIPAA laws.

ADVENT unwrapped!

You are invited to join us as together we “unwrap” the gifts of Advent, preparing our hearts and homes for the birth of Jesus.

ADVENT WREATH

Families or pairs of people are invited to lead us in the **Lighting of the Advent Wreath Candles** each week in December. You will share a brief Reading with the congregation and light one of the candles on the Advent Wreath. Materials will be provided well in advance.

JOURNEY OF MARY AND JOSEPH

Families (especially those with children) are encouraged to sign up to **assist Mary and Joseph in their journey from Nazareth to Bethlehem during the month of December**. Figures of Mary and Joseph will travel from house to house looking for shelter each night as they travel to their final destination – Holy Spirit at the 5:00 service on Christmas Eve. Will you welcome them into your home for one night?

Your responsibilities will include:

- Sharing together in a devotional time, with provided prayers and stories, to ponder what it means to welcome Mary and Joseph into our “Inns.”
- Placing Mary and Joseph somewhere in your home, taking a picture of them, and sending it to the church to be included in a slide show.
- Placing a small sign in your front window to announce that Mary and Joseph have found shelter in your home.
- Delivering Mary and Joseph to the home of their next host before 6:00 pm the following day.

Each participating family will receive a “sheep” to remember this special Advent journey.

Once we have a list of those who are interested, you will be able to select a date to host Mary and Joseph. Detailed instructions will be shared with each host family.

For more information, please contact [Deacon Mel](#).

Signup sheets are in the lobby.

CALENDAR

Sun. 10/27	Confirmation Sunday
Mon. 10/28	10:00 am Counters (116) 11:00 am Pastor's Meeting (Office) 11:00 am LCHS Book Group (110/112) 7:00 pm Bible Study (110/112)
Tues. 10/29	9:15 am NS Chapel (WC) 10:00 am Staff Meeting (117/119) 6:00 pm Global Missions (117/119)
Weds. 10/30	9:10 am NS Halloween Parade 10:00 am Prime Timeer's Coffee Hour (FC) 10:00 am Stitch-n-Chat (113) 2:30 pm Rejoicing Ringers (WC) 6:15 pm Bell Rehearsal (WC)
Thurs. 10/31	9:10 am NS Halloween Parade 6:30 pm Choir Rehearsal (Music Room)
Fri. 11/1	10:00 am Decorating
Mon. 11/4	10:00 am Counters (116) 11:00 am Pastor's Meeting (Office) 7:00 pm Stephen Ministers (ASR & 117/119) 7:00 pm Bible Study (110/112)
Tues. 11/5	Election Day 9:00 am NS CPR Training (SC) 10:15 am Staff Meeting (117/119) 7:00 pm Community Justice Panel (SC)
Weds. 11/6	9:15 am NS Chapel (WC) 2:30 pm Rejoicing Ringers (WC) 5:00 pm GS Troop 63034 (110/112) 6:15 pm Bell Rehearsal (WC) 7:00 pm GS Service Unit (SC)
Thurs. 11/7	9:15 am NS Chapel (WC) 6:30 pm Choir Rehearsal (Music Room)
Fri. 11/8	10:00 am Decorating



Poinsettia Order Form
Plants cost \$10 each

Name: _____

Envelope Number _____

Please Indicate your **color choice** with quantity below:

Red _____ White _____ Marble _____

Total Enclosed: \$ _____

PLEASE PRINT CLEARLY

In Honor of _____

In Memory of _____

Please return form in the offering plate or to the office with your payment **no later than Sunday, November 17th.**