

We are a Reconciling in Christ, Rejoicing Spirits, and handicap friendly congregation.

3461 Cedar Crest Blvd. Emmaus, PA 18049 610-967-2220

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UPCOMING EVENTS

October 6

God's Work. Our Hands

October 8

Financial Workshop – Family, Church, Charity

October 10

Just Chill Nursery School Fundraiser

October 12

Blessing of the Animals

October 13

Special Congregation Mtg.

October 19

Fall Fest/Trunk or Treat

October 27

Confirmation

HOLY HAPPENINGS

Sunday, October 6, 2024

*8:30 am Spirit Worship
9:30 am Family Service
Coffee, Tea, Fellowship (117/119)
CAT Class, High School Connect
10:00 am Sunday School
Gospel Reading/Sermon Replay
*10:30 am Spirit Worship
11:30 am God's Work. Our Hands

Nursery Care is available at all morning services in Room 113.

*Our 8:30 and 10:30 am worship services are on Zoom

If you are worshipping with us on Zoom, please remember to have bread, grape juice, or wine available and ready for digital communion.

Zoom Link: Meeting ID: 511 504 8051 Audio only: 929-205-6099

Bulletins are available on the <u>website</u> prior to the Sunday service for those who wish to follow along.

If you are interested in watching the Pastor's sermon and listening to the Gospel, please visit our website and click on the "Watch a video recorded Sunday service" button.

WORSHIP ATTENDANCE

| <u>September 29, 2024</u> | In-person | Zoom |
|---------------------------|-----------|------|
| 8:30 am | 114 | 12 |
| 9:30 am | 69 | N/A |
| 10:30 am | 87 | 21 |

| October 6 WORSHIP HELPERS | 8:30 AM | 9:30 AM | 10:30 AM |
|---------------------------------|---|--|--|
| Assisting Ministers | JoEllen Rooney | | Deb Smith |
| Communion Assistants | Angie Niland Carol Walrod | Jennifer Wetzel Terri Hinderliter Volunteer Needed | Jackie Leipert Robert Neitz |
| Readers | Fran Derhammer | Amelia M. | Deb Stevens |
| Children's Message | | GWOH | |
| Song Leaders | Lisa Walton | Jimmy Lee Werley | |
| Greeters | Ricki Stringfellow | Malkovsky Family | Fern Schlegel |
| Ushers | Barb Roba | Malkovsky Family | Ken Schlegel |
| Production/ Technology | Bill Newill Al Bauernschmidt Kristen Newill | Craig Kauffman Volunteer Needed | Craig Kauffman Volunteer Needed Volunteer Needed |



COFFEE, TEA, CONNECT

Sunday, October 13 from 9:30 – 10:15am The Attack on Knowledge and Respectful Engagement John Mosovsky & Rick Doty

During this session we hope to have fruitful dialogue on what our roles and actions might look like in response to the spread of lies, rumors, and ignorance. God intends for us to use knowledge to care for the common good but discerning truth is becoming very difficult. Our civic engagement depends upon a clear distinction between fact and misinformation. Come join the discussion to learn from each other and from the ELCA's draft Social Statement on Civic Life and Faith.



ELCAvotes INITIATIVE This week we focus on "Deadlines"

For the November 5th General Election, important dates for you to remember are:

- October 21 Last day to register to vote in the general election. Find registration application here.
- October 29 last day to apply for a mail ballot. <u>Find</u>
 Mail-in and Absentee ballots here.
- November 5 Election Day. Polls are open from 7 AM to 8
 PM. Find your polling place here.
- November 5 Completed mail ballots must be <u>received</u> in your county elections office by 8 PM November 5 deadline <u>NOT post marked</u> by November 5. Knowing that, complete your ballot as soon as you receive it, and mail it immediately to allow time to make it through the mail system to arrive at the county elections office by 8 PM on November 5.
- Another option is to drop your completed mail ballot at one of the FIVE secure Ballot Box drop locations for Lehigh County residents one week before the election. Find ballot box locations here.

For contact information on your county election officials.

In Luke 3 we learn that the word of the Lord came to a man (John the Baptist) in the wilderness – a nobody, in the middle of nowhere, springing forth from the margins. The word of God often leans into the margins. When we name our faith values and act on them by casting a ballot, we help to ensure that the voices of those on the margins and the word of God are being heard in November.



Growing in Gratitude

In October and November -(Oct. 6 - Nov. 30), we will focus on ways to be grateful. Join with members of The Lutheran Church of the Holy Spirit as we walk together in growing this discipline spiritual through journaling each day, 3 or more blessings that we give thanks to God for providing in our daily life.

This can be done individually, as a couple, or with your family group. You pick the time of day that works best for you. If earlier in the day, perhaps think about the day before.

Provided for you will be:

A small Journal

Weekly Devotions, Prayers, and Prompts to ponder Scripture and Quote Cards

For Children:

Chart with daily stickers for keeping on track

Each Week:

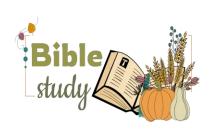
Return to write out 1-2 blessings from the week on a leaf.
Then hang your leaf on one of the trees
(the abundance we will see after 7 weeks)
A bigger sticker will also be available for children
each week.

All will be available on Sunday, Oct. 6th. You can start at any time!

Any writing, poem, artwork, or other creation formed during the journey of Growing in Gratitude is asked to be submitted to the church office by Nov. $20^{\rm th}$. A book of Thanksgiving to be shared with the congregation the final weekend.

MONDAY EVENING BIBLE STUDY

Bible study will begin on Monday,
October 7 at 7:00 pm in room 110112. We will meet for 6 weeks to search and learn about the book of Isaiah. Come and stretch and share your understanding of this incredible book. All are welcome.
Contact Rick Doty, Elizabeth
Moessner or Vi Ballard if you have questions.



FINANCIAL WORKSHOP: Your Legacy: Family, Church and Charity

<u>Tuesday, October 8th</u> -- 7:00 PM in the Sanctuary (and on ZOOM) Please plan to join us in person or on ZOOM (same link as Sunday services) as we explore "Your Legacy". This workshop will help attendees learn strategies around sustaining a church's foundation, supplementing an endowment fund or leaving an inheritance. Please feel free to bring a friend or neighbor!

~ LCHS Stewardship Team



NURSERY SCHOOL FUNDRAISER:

Come out to Just Chill Creamery in Emmaus on Thursday, **October 10th** from 12:00 – 9:30 to support Holy Spirit Christian Nursery School. Present a flyer and the preschool will receive 15% of the proceeds.

REJOICING SPIRITS Fall Worship Service will feature the special message, "For Everything There Is a Season" as well as the return of the Rejoicing Spirits Handbell Choir. A reception will follow the service. Please bring your family and friends and join us on October 13th at 2:30 pm in the Worship Center. All Are Welcome!

BLESSING OF THE ANIMALS SATURDAY, OCTOBER 12

All people and pets are welcome to our Blessing of the Animals service at 1:00 pm on Saturday, October 12th. Monetary donations will be received to

benefit Tails of Valor, an organization



that provides service dogs to veterans and first responders dealing with Post Traumatic Stress Disorder or Traumatic Brain Injury. So, bring your family, your friends, your pets and a chair and join us outside on the parking lot as we bless and celebrate God's critters and the important part they play in our lives.

REMINDER SPECIAL CONGREGATION MEETING Sunday, October 13th

Immediately following each of the services on Sunday morning October 13th we will hold a **Special Congregation Meeting** (in person and via ZOOM) for the sole purpose of voting to call Pastor Cindy Camp to serve as our Associate Pastor (2/3 time). A representative from the Northeast PA Synod will be present to oversee the special meeting. Pastor Cindy will preach and preside at all services. A 2/3 majority of eligible voting members present at the Special Congregation Meeting (in person and on ZOOM) is required in order to extend the call to Pastor Cindy.

~ Mike Berkheimer, President, Congregation Council

PRIME TIMER'S EVENTS FOR OCTOBER

Book Group will meet on October 17^{th} at 10:00 am and will be reviewing, "Finding Margaret Fuller" by Allison Pataki. The book for next month is "Little Liar" by Mitch Albon.

<u>Movie Group</u> will meet on October 22nd at 10:00 am. We will be watching, "Something's Gotta Give", a romantic comedy followed by lunch and laughter.

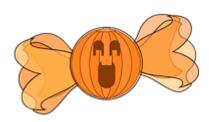
We will meet for <u>Coffee Hour</u> at 10:00 am on October 30th. All are welcome to join us for delicious homemade treats, jokes, games, health tips and more.



TRUNK OR TREAT / FALL FEST SATURDAY, OCTOBER 19 1:00 – 2:30 PM

(Rain Date: Sunday, October 20th).

In addition to Trunk or Treat, the Fall Fest will include music, crafts, games, s'mores, hot dogs and beverages.



We are collecting wrapped candy (peanut free), gluten free treats, and items such as pencils and stickers to distribute at the event. Donations can be placed in the bin outside the Fellowship Center.

For additional information or questions about Trunk sign-up, please contact Karin Kahler at <u>Kahler@holyspirit-emmaus.org</u>; Lorie Stout Sherman at <u>stouts2@ptd.net</u> or Victor Schmidt at <u>vschmidt@ptd.net</u>.



NEW MEMBER
INFORMATION SESSION
October 20th 9:30-10:30 am
Room 117/119

Have questions about The Lutheran Church of the Holy Spirit? The Lutheran faith? How to become a member? Join Pr. Tami and members of the Church Growth Team to hear about our church community and discuss your questions.

^{*} open session.... stop in anytime throughout the hour *



BLOOMIN' FAITH

Thank you for your continued support of our monthly flower ministry Bloomin' Faith. If you have a recipient in mind, please let Pr. Tami know. The next delivery date is Saturday, October 26.

Ways you can help:

Donations: flowers from your garden are always appreciated. Please contact <u>Lisa Walton</u> to let her know what you have available. Flowers must be dropped off to the church kitchen by 10 am the Friday before deliveries.

Deliver: with more drivers, we can spread God's joy to more members. If you are able to pick up and deliver 2-3 bouquets on a Saturday morning, please sign up here.



LCHS BOOK GROUP

Join us on Monday, October 28 at 11AM in Room 117/119 at LCHS. We will be discussing: **The Heaven & Earth Grocery Store** by James McBride. Have old jewelry around the house

collecting dust? You may bring it to the meeting to donate to the Emmaus Library. Feel free to bring your lunch to enjoy together after our meeting. November's book will be: *The Seven Husbands of Evelyn Hugo* by Taylor Jenkins Reid.



CHILDREN ARE WELCOME AND CELEBRATED! The Children's Ministry table and basket in the worship center lobby contains a variety of items for children's use during worship. Stop by to borrow a book or pick up some coloring sheets and crayons.

WORSHIP ASSISTANT OPPORTUNITIES

Volunteer to be a <u>Communion Assistant</u>
Volunteer to be on the <u>Production/Technology Team</u>
Like to sing? Volunteer to be a worship <u>Song Leader</u> at an 8:30 or 9:30 am service.

Training will be provided, and volunteers can choose how often they would like to serve!

FESTIVAL OF ALL SAINTS

During the services on Sunday November 3rd, we will remember those members who have died during the last year. You may also remember family members, friends, or loved ones who have died by placing their name(s) in the designated basket in the narthex lobby where the white forms are provided. Please submit your remembrance(s) no later than Monday, October 21st. Please call or email the church office if you need a form.

LIGHTING OF REMEMBRANCE CANDLES On All Saints' Sunday, November 3, during the gathering music, you are invited to come forward to light a candle in remembrance of someone who has died.

Please plan to arrive early for the services on November 3 if you wish to light a candle.



EFFECTS OF DRINKING SUGARY DRINKS VS. WATER:

Water is the best drink. Unfortunately, sugary drinks replace water in American diets. Surgery drinks can contribute to weight gain, obesity, Type 2 diabetes, heart disease, gout, and other health problems. CDC guidelines recommend that

no more than 10% of daily calories be from added sugar for anyone older than 2. No added sugars should be consumed from birth to age 2. An adult on a 2000-calorie diet should not consume over 200 calories of added sugar. The average 20-ounce soft drink has about 65 grams of added sugar (1gm of sugar equals 4 calories), therefore, 65 grams in a soft drink equals 260 calories. Other beverages with high amounts of added sugar are iced coffee, sports drinks, energy drinks, and sweetened iced tea. Water on the other hand has zero added sugar and is important to maintain our health by helping regulate body temperature, lubricating and cushioning joints, and the elimination of wastes. Cutting out a few cans of sugary drinks daily can impact your calorie intake and be a step towards a healthier body.

~ Dean Black, Faith Community Nurse



Please remember these members and friends of Holy Spirit in your prayers:

Our homebound members: Ray, Dale, Helen, Judith, Phyllis, Dick, Gordon, Christopher, Grayson, Darla, Jean, Norine, Billie, Trevor, and Bob.

Pray for God's healing for: Jim, Joe, Gary, Tom, Bill, Scott, Carolyn, Glenn, Jameson, Beth, Charles, Irene, Lester, Christopher, Nancy, Donna, Nancy, Carl, Marilee, Nancy, Kim, Laura, Rick, Wilma, Caiden, Sherri, and Don.

In times of sorrow, we pray for the family and friends of John Hansen.

<u>Prayer Request Reminder:</u> Prayers requested for a particular individual will be spoken by name at Sunday worship for one month following the date of the request. Should prayers be desired beyond this initial period, another request may certainly be made. The names of our homebound members will be offered in worship at least once a month.

In the Event of a Pastoral Emergency, you find you are in emergency need of having a pastor contact you, call the office at 610-967-2220 and press the number 3 after the general announcement.

If you, or a member of your family, are ever hospitalized, please let the pastors know by contacting the church office at 610-967-2220. The hospitals no longer notify the church due to HIPAA laws.



ENCOURING GROUPS TO SPONSOR THIRD SUNDAY OF THE MONTH BREAKFASTS

Through May, on the third Sunday of the month, we are asking that Mission Teams sign up to sponsor a breakfast. Breakfast is served between 9:00 am and 10:30 am.

Please sign up here or use the QR code.

Estimate of Giving Reminder - Stepping Up 2025

Recently you received information in the mail with details of our fall financial stewardship campaign, Stepping Up 2025. Included in that mailing was an Estimate of Giving card for 2025. If you have not already returned your Estimate of Giving, we ask that you submit it by October 20, 2024. Your completed card can be placed in the box in the narthex (to the left of the center doors) or in the offering plates on Sunday. Extra cards are also available next to the box in the narthex. Other ways to return your Estimate of Giving is to email finsec@holyspirit-emmaus.org or go online at Ichsemmaus.org (click on Stewardship, then follow the prompts).

As of October 1, a total of 48 giving units (22% of giving units that provided Estimates of Giving for 2024) have provided their intention to Step Up their giving by \$60,600 (40% of our goal of \$151,000) in 2025 compared to 2024.

By sharing your 2025 Estimate of Giving, you are helping our church leadership plan for Stepping Out with ministries in the coming year.

Thank You from the LCHS Stewardship Team!!

| CALENDAR | | | |
|-----------------|--------------------------------------|-----------------------------------|--|
| Sun. 10/6 | 11:30 am | God's Work. Our Hands | |
| Mon. 10/7 | 10:00 am | Counters (116) | |
| | 11:00 am | Pastors Meeting (Office) | |
| | 7:00 pm | Bible Study (110/112) | |
| | 7:00 pm | Stephen Ministers (ASR & 117/119) | |
| Tues. 10/8 | 9:15 am | NS Chapel (WC) | |
| | 10:15 am | Staff Meeting (117/119) | |
| | 6:30 pm | NS Board Mtg. (117/119) | |
| | 7:00 pm | Property Committee (116) | |
| | 7:00 pm | Financial Workshop – | |
| | | Your Legacy (WC) | |
| Weds. 10/9 | 9:15 am | NS Chapel (WC) | |
| | 2:30 pm | Rejoicing Spirits Bells (WC) | |
| | 6:15 pm | Bell Rehearsal (WC) | |
| Thurs. 10/10 | Nursery School Just Chill Fundraiser | | |
| | 7:00 pm | Trunk or Treat Meeting (FC) | |
| Sat. 10/12 | 1:00 pm | Blessing of Animals (Parking Lot) | |
| Sun. 10/13 | 2:30 pm | Rejoicing Spirits (WC & FC) | |
| Mon. 10/14 | 9:30 am | Stitch-n-Chat (113) | |
| | 10:00 am | Counters (116) | |
| | 11:00 am | Pastor's Meeting (Office) | |
| | 7:00 pm | Finance Committee (117/119) | |
| | 7:00 pm | Bible Study (110/112) | |
| Tues. 10/15 | 9:15 am | NS Chapel (WC) | |
| | 10:15 am | Staff Meeting (117/119) | |
| | 7:00 pm | Congregation Council (117/119) | |
| | 7:00 pm | Community Justice Panel (SC) | |
| Weds. 10/16 | 9:15 am | NS Chapel (WC) | |
| | 9:30 am | M&M's Too (117/119) | |
| | 6:15 pm | Bell Rehearsal (WC) | |



Thurs. 10/17

A new way to donate is available – **Venmo is here!** Use the QR code to enter your donation. Please consider adding 2% to cover the transaction fees. Thank you.

Trunk or Treat/Fall Fest

Prime Timer's Book Group (ASR)

10:00 am

1:00 pm